

# Give back to humanity

## Become a Red Cross volunteer

### Red Cross volunteers touch lives every day.

They are as diverse as the people receiving Red Cross services. It takes all kinds of people to make this organization work—different ages, different backgrounds and different skills.

There is a variety of things to do, and you can navigate your own volunteer path.

Become a Red Cross volunteer and help people who are facing an emergency. You may find your own life changed in the process.

“The Red Cross teaches you, trains you in the field, and trusts you to go out and serve the community... You’ll like it here.”

— volunteer Joyce Adams



**Disaster Response**—Help people affected by disasters ranging from home fires to hurricanes by providing food, shelter, essential relief supplies and comfort and hope.

**Preparedness Education**—Teach families, people in classrooms, organizations and corporations how to Be Red Cross Ready for disasters and emergencies.

**Service to the Armed Forces**—Connect families and veterans with resources in response to emergencies, train military families in coping and resiliency skills, and supply recreational and therapeutic support in military and VA health care facilities.

**Health and Safety Training**—Teach vital lifesaving skills such as first aid/CPR/AED, babysitting, water safety and pet first aid.

**International Humanitarian Services**—Coordinate fundraising for measles vaccines, educate youth about the Geneva Conventions and provide international tracing and messaging.

**Fundraising**—Make it financially possible for the Red Cross to deliver its lifesaving services. The Red Cross relies on volunteers and the generosity of the American public.

**Leadership**—Serve on a Red Cross board or decision-making committee, manage a program, or chair an activity.

**Blood Services**—Coordinate blood drives or serve as a blood drive volunteer to register blood donors and staff the refreshment area.



**American Red Cross**  
Metro New York North  
Chapter

For more information on volunteering,  
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